
**Protective equipment for martial
arts —**

**Part 2:
Additional requirements and test
methods for instep protectors, shin
protectors and forearm protectors**

Équipement de protection pour les arts martiaux —

*Partie 2: Exigences et méthodes d'essai complémentaires relatives aux
protège-cous-de-pied, aux protège-tibias et aux protège-avant-bras*





COPYRIGHT PROTECTED DOCUMENT

© ISO 2017, Published in Switzerland

All rights reserved. Unless otherwise specified, no part of this publication may be reproduced or utilized otherwise in any form or by any means, electronic or mechanical, including photocopying, or posting on the internet or an intranet, without prior written permission. Permission can be requested from either ISO at the address below or ISO's member body in the country of the requester.

ISO copyright office
Ch. de Blandonnet 8 • CP 401
CH-1214 Vernier, Geneva, Switzerland
Tel. +41 22 749 01 11
Fax +41 22 749 09 47
copyright@iso.org
www.iso.org

Contents

	Page
Foreword	iv
1 Scope	1
2 Normative references	1
3 Terms and definitions	1
4 Requirements	1
4.1 Sizing.....	1
4.2 Combinations.....	1
4.3 Restraint.....	2
4.4 Zone of protection.....	2
4.4.1 Instep protectors.....	2
4.4.2 Shin protectors.....	2
4.4.3 Forearm protectors.....	3
4.5 Impact performance.....	4
5 Testing	4
5.1 Sampling.....	4
5.2 Conditioning.....	4
5.3 Restraint.....	4
5.4 Zone of protection.....	6
5.5 Impact performance.....	6
5.5.1 Apparatus.....	6
5.5.2 Procedure.....	6
6 Marking	7
7 Information supplied by the manufacturer	7